Creative Ideas for Adult Sabbath School

25 Ideas You Can Use to Build a Dynamic Sabbath School
Ideas About Organization
Idea No. 1

Write a Statement of Mission for Your Sabbath School

A statement of mission is a declaration that states what your Sabbath School is all about and what you wish to accomplish. It sets a general direction for your Sabbath School, but it does not need to include specific strategies or activities.
Statement of Mission

Use these questions for what you want to include:

- Who are we?
- Why are we here?
- What do we hope to accomplish?
- What do we expect will happen as a result?
Sample Statement Of Mission

The adult Sabbath School of the _________ Seventh-day Adventist Church is established to _________ and _________. It is our conviction that the Sabbath School should ________________ and ________________.

In accordance with these convictions we want our Sabbath School to demonstrate attitudes of __________. We will do this by ________________________________.

It is our expectation that as a result of the adult Sabbath School program of our church we will grow in numbers, develop a deeper spiritual experience, and increase our level of discipleship and commitment to ministry in our local area and the worldwide mission of the church.
Find some people in your church that you know are creative and have good ideas. Ask them to form an *ad hoc* adult Sabbath School planning committee to come up with some creative ideas. Have them meet with the adult Sabbath School superintendents and brainstorm. You do not have to ask anyone’s permission to form such a group, because it is just a think tank. The Sabbath School Council still makes any final decisions.
Plan Your Programs for a Year in Advance

Idea No. 3

Too many adult Sabbath Schools run on a week-to-week basis with no particular rhyme or reason. All too often the person in charge contacts someone on Friday night to “read the mission story” in Sabbath School the next day.
Organize a major planning session at the beginning of the year.

- This session may be four to six hours long.
- Tentatively lay out programs for the year. The key principle is to plan programs tentatively for the entire year, definitely for the quarter.
Use Some Forms to Plan Your Work

- Annual Activities Planner
- Quarterly Program Planner
- Weekly Program Planning Guide
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1. Each superintendent can be assigned a certain number of programs during the year and each one plans all the activities for those programs.

2. Each superintendent takes charge of a different aspect of the program and does this one thing for the year.
Sabbath School Superintendents

Superintendent 1 — Study and teachers

Superintendent 2 — Fellowship

Superintendent 3 — Community outreach (Personal Ministries)

Superintendent 4 — World mission emphasis
One way to keep the interest level high is to develop programs around themes. You can narrow themes down to one a month, or even choose a different theme for each Sabbath of the month and use this scheme for a quarter, or even a whole year.
“Theme of the Month” Plan

- **January: Step Ahead Month**
  - Every member should learn to do one new thing.

- **February: Youth Month**
  - Give the youth a prominent place in Sabbath School.

- **March: Evangelism Month**
  - Special emphasis on community outreach.
“Theme of the Month” Plan

- **April: Know Your Church Month**
  - Emphasis on our Adventist heritage.

- **May: Christian Family Month**
  - Emphasis on graduates, Mother-Daughter Banquet, etc.

- **June: Missions Month**
  - Special focus on Adventist world missions.
“Theme of the Month” Plan

- **July: Recreation Month**
  - Sabbath School picnic, social activity in every class.

- **August: Get Acquainted Month**
  - Every Sabbath School member find five new friends.

- **September: Homecoming Month**
  - Members contact non-attendees. Major Rally Day.
“Theme of the Month” Plan

- **October: Teacher Recognition Month**
  - Teacher recognition service, Teacher/Officer banquet.

- **November: Stewardship Month**
  - Thank offerings. Emphasis on Investment.

- **December: Good Will Month**
  - Christmas program, Decision Day for New Year.
MORE IDEAS FOR THEMES

- Adventist Heroes
- Unique Religious Experiences
- Adventist Heritage
- How I Found Adventism
- Songs of Adventism
- Where Does Sabbath School Money Go?
Choose Alternative Curriculums for Special Needs and Groups

Idea No. 7

- How to set up and use your own personal soulwinning network.
- Parenting classes for young adults.
- How to be single and survive.
- Pastor’s class
- Discipling classes
  - How to discover and use your spiritual gifts.
  - How to give Bible studies.
Idea
No. 8

Set Goals for Attendance & Sabbath School Ministries

- Set goals for attendance and the number of ministries your Sabbath School carries out.
- Use percentages instead of numbers.
- Develop progress charts to show how you are doing.
Idea No. 9

Maintain a roll and attendance record.

Check the roll every week.

Follow up on absentees.

Write Out “10 Commandments” for Your Sabbath School
Write Out “10 Commandments” for Your Sabbath School

Strictly observe the starting and stopping times.

Make the time in Sabbath School count. Be enthusiastic.

Provide fellowship opportunities.
Write Out “10 Commandments” for Your Sabbath School

Make Sabbath School enjoyable for visitors.

Use imagination in room setting and finding space.

Do all the good you can.
Write out “10 Commandments” for your Sabbath School.

Make Sabbath School part of “going to church.”
Ideas For Increasing Attendance
Idea No. 1

Develop a Program of Fellowship

- Fellowship and participation are the keys to a successful Sabbath School.
- Use the “Total Hour Learning” system in your Sabbath School.
Use a survey to assess needs.

- Use a survey
- Organize some people in your Sabbath School to contact non-attendees and get their input
Idea No. 3

- Advertise Sabbath School
  - Use your church newsletter, bulletin, and mailing list to advertise your Sabbath School programs
  - Advertise to the community

- Your church Communications Secretary can help design an advertising program.
Sabbath School is Christian education, so you can advertise it just that way. How about an advert in the local newspaper that says: “New Vistas in Christian Education for You and Your Family.”

Obtain a list of the people in your church’s sphere of influence that have children of the ages that fit your children’s departments.

Send them something that describes your program and invite the kids. Mention that you have classes for the adults, and you will get them too.
Oikos is the Greek word that literally means “house.” In the Bible, however, it is used in the sense of “household.” A “household” in this sense means the network of people with whom you have contact. That includes friends, neighbors, associates at work, patients that come though your office, clients you see houses to; anyone you have anything to do with. (Read Mark 2:14, 15.)
Here’s How *Oikos* Works

- Fill in a diagram that identifies a person’s *oikos*. Always keep five names in the circles on the form.

- Relatives
- Friends
- Work Associates

You
STEP 2. Pray regularly and specifically for the people on your Oikos diagram
Develop a Discipleship Plan

1. Attentive listening. How can I learn to listen to the person I am working with so that I can “hear” what they are really saying?
2. Relating to needs. What specific needs does this person have that I can help with?
3. Identifying receptive periods. When is this person most likely to listen to me, or to respond to the gospel?
4. Appropriate timing. Ask the Lord to tell you when it is the right time to invite the person to church, or ask for a decision, etc.
5. Understandable language. Those of us who are involved in the church speak a language that people not involved often do not understand. A discipleship plan needs to be communicated in understandable language.
A viable prospect list means that you will have an up-to-date list of names to whom you can send newsletters, invitations to church events, people you can visit, and to whom you can give Bible studies.
Prospect List

- Develop a workable plan to keep yourself informed about SS/Church prospects *within your own congregation*
  
  - Make a survey of the congregation to see who is and who is not being reached by the Sabbath School
  - Build a list of names for recruitment into the Sabbath School. You can keep this list on cards, in a notebook, or on a computer

- Develop a plan for systematically communicating with people on your prospect list who have attended church functions such as health classes or Revelation Seminars.
Incentives and unique plans seem to have the aura of “promotion” in some circles, and some Sabbath Schools tend to avoid them. These Sabbath Schools are also very often empty.

Here are some unique plans that can help you increase your attendance.
1. SPECIAL DAYS ATTENDANCE PLAN

For special days such as Rally Days or the time around Easter, for instance, set class and department goals and then contact people who will promise to attend on that special day. If you set an attendance goal of 500 for that day, print 750 attendance cards on red cardboard and distribute them to Sabbath School members.

Dynamicville SDA Church

I promise that I will be one of 500 people attending class on _______ (name the day.)

Signature

______________________________
2. Draw a Large Cross

• Draw a large cross with spaces for the 500 signed cards. Begin about a month before the special day. Each Sabbath collect the cards of people who have signed and stick them on the cross. Watch the cross fill up as the special day approaches.

• When the cross is full, you have attained your goal.
Cards go in these spaces
“FILL THE TRIANGLE” PLAN

Divide a triangle into three parts, each marked by a hook. Divide each class into groups of three. Put the names of each on a piece of cardboard with a hole at the top. The goal is for each one to make sure the other two are at Sabbath School each week for a month. When they come in, each one hangs his card on a hook on their triangle.
The “Fill a Pew” Plan

In this plan, a “captain” is assigned one row of seats or pews. He or she is responsible for that row. The point is to keep the row full every Sabbath.

In this illustration, each row holds 10 people.

Row A
X X X X X X X

Row B
X X X X

Row C
X X X X X X X X X X

This row needs four more people
The “Three-Find-One” Plan

Post three names of class members on a board that has room for four names. The three members whose names are on the board are responsible for getting one more so the board is full.
Once a year hold a special class on how to do evangelism through the Sabbath School.

Part 1. Fundamentals of Adventism. The purpose is to rapidly review what members will teach to other people.

Part 2. How to find people to teach. Use some of the other ideas already outlined for increasing attendance and finding receptive people.
USE SPECIAL DAYS TO INCREASE ATTENDANCE

- Pathfinder Day
- Departmental Promotion Days
- Rally Day
- The closest Sabbath to Oct. 22
A viable prospect list means that you will have an up-to-date list of names to whom you can send newsletters, invitations to church events, people you can visit, and to whom you can give Bible studies.
Ideas for Dynamic Sabbath School Classes

7
Idea No. 1

Give Your Classes an Identity

CLASS NAME
- Career Class
- Ambassadors
- Joint Heirs
- Galileans I
- Galileans II
- Agape Fellowship
- Koinonians
- Friendship

GROUP
- Single adults 24-35
- Singles and single parents
- Married couples 18-30
- Adults 28+
- Adults 35+
- Adults 45+
- Ages 50-65
- Ages 60+
Fix up the Sabbath School rooms. Throw out old junk, fix water leaks, paint walls, put up attractive wallpaper.

Get your teachers some resources. Get enough white boards for each teacher to write on.
Idea No. 3

Get Some Audio-Visual Equipment and Keep It in Working Order

Convince your church to invest in a video projector. PowerPoint is the latest and most effective tool for communicating.
Idea No. 4

- Most adult SS classes meet in different sections of church sanctuaries in pews. Neither the teacher nor the student can hear each other. Try moveable chairs to promote discussion.
Idea No. 5

Start New Classes

- Let the new classes find their own space. **They will be creative.**
- Find small areas for small classes. **For example, a room now filled with junk, an unused corner in the lobby, in the pastor’s study, in the kitchen.**
Idea No. 6

Organize Your Sabbath School into Action Units

Sabbath School Action Units is another way of utilizing the focus group principle. They convert the SS class to include effective outreach strategies and nurture the class members themselves. Contact your local conference SS Department.
Have Each Class Take on a Project

Class projects can be anything from taking kids on a picnic to keeping contact with students away at college.
Ideas for Teacher Training
Idea No. 1

Get Your Teachers Involved in the International Sabbath School Teacher’s Training Association

☐ This program takes your teachers step by step through a complete training process. Contact your local conference Sabbath School Dept. for information.
Use the spiritual gifts inventory included to identify the spiritually gifted teachers in your congregation. Then use them as SS teachers. Contact your local conference SS Dept. for information.